

Peanut Butter Banana Smoothie



½ cup peanut butter
1 cup milk
½ cup vanilla ice cream
2 bananas
¼ tsp. vanilla
1 Tbsp. cocoa



Measure ingredients and place in blender.
Blend until smooth.

***Smoothie Tip:** Purchase yogurt ahead of time from dairy case. Scoop into Ziploc bags and freeze. Using yogurt that is frozen helps keep smoothie cold and maintain texture.

Provided by the Brown County Dairy Promotion Committee
<http://browncountydairypromotions.com/>